

**Before using our labels:**

- Check ALL ingredients listed on the items you're using in your recipe and write any changes or additions on each label, highlighting any new allergens
- Write in your baker number



# *Carrot cake muffins*

Labels on page 2

## **Ingredients**

- 175g (6oz) carrots – grated
- 2 free range eggs
- 100g (4oz) brown sugar
- 75ml oil
- 100g (4oz) self-raising flour
- 1 tsp ground cinnamon
- 50g (2oz) raisins

## **Method**

1. Put cases into the tins.
2. Finely grate the carrots.
3. Whisk the eggs and sugar together until thick and creamy. Whisk in the oil slowly, then add the remaining ingredients and mix together to combine evenly.
4. Spoon the mixture into the prepared cases.
5. Level the surface and bake in the oven at 190°C / 375°F / gas mark 5 for 10 – 15 minutes until firm to touch and golden brown.

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**Carrot cake muffins x 2**

Made for you by baker # \_\_\_\_\_

Carrots, self-raising flour (flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agents: Calcium Phosphate, Sodium Hydrogen Carbonate), brown sugar, **eggs**, vegetable oil (Rapeseed Oil), raisins (sunflower oil), cinnamon

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